



Knights of Columbus

Father Vilarrasa Council No. 7268



March

(Next monthly meeting Mar. 2nd, 2010 at 7:30 PM)

2010

(Knights' House, corner of East 5th & East I)

UPCOMING KNIGHT EVENTS

4-PEAT???



We know there's "re"-peat. And in the sports world we've even heard of "3"-peat. So why not "4"-peat? As in the case of our next Knights'-specially-prepared Parish Breakfast to be offered Sunday, March 21st, after the morning Masses. The food will be excellent and freshly prepared for our guests to their requests, the service will be exceptional, and the company of fellow parishioners will be most pleasant. And all for only \$8 (adults), \$7 (seniors), \$4 (children 4-10), and children 3 and under free.

But it won't be done without the helping hands of you Brothers. What has to be done is already known and really not that hard – we've learned what and how to do it very well from our 3 successes before. We just need the man-power - OK, the "**Knight-power**" - for a few hours to bring it all together. If you can help to set-up the hall or clean-up after, or to prep the food under the guidance of our expert and experienced Kitchen Line-Crew, or to cook the eggs-to-order and serve on the food lines, or to take the money at the door, please come to our next monthly meeting and sign-up or contact us at our beniciaknights@gmail.com or call our DGK Bro. Tim Wade at 554-2838.

If you haven't worked one of these breakfasts before, you're in for a treat with a lot of fun and personal satisfaction in being part of a well-run service to our fellow St. Dominicans that brings smiles to their faces and funds to us for our charitable work.



UPDATES TO PREVIOUS ITEMS

3 FOR 7



What started out as a densely foggy Feb. 13th Saturday morning in Vallejo outside St. Basil the Great's Parish gymnasium turned as bright as the smiles on 3 kids from St. Dominic's who won the District 13 Free Throw Competition held there inside. Six boys and one girl from our parish competed in our Council competition which preceded the District event, with 4 of them moving on to the District level, and 3 of those 4 winning that competition to be able to compete in our Northern California Chapter Finals on Feb. 27th at Lincoln. From there they could go to State level, and finally to International. Last year, we had the 10-year old Girl's International Champion, Jessica Maguire. Boys and girls compete separately and in their age groups for 10, 11, 12, 13, and 14 year olds. Each Council is eligible to send 1 girl and 1 boy champion for each age group from their Council competition. Of the 10 group and gender levels in possible competition, 7 were represented from the 1 Benicia and 3 Vallejo Councils in District 13. And of those 7 groups, our kids won in 3.



Competing in our Council event:

- Girls – 10 yo – **Katie Potter** (Winner)
- Boys – 10 yo – **Shawn Swinton** (Winner)
- Boys – 11 yo – **Matthew Major**
 - **Fitzmikhail Adarne** (Winner)
 - **Alexander Olmes**
 - **Anthony Olmes**
- Boys – 13 yo – **William Ward** (Winner)

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RE M I N D E R !

Applications for Fr. McGivney Columbian Awards are being accepted through April 23rd. Children of 3rd and 4th Degree Knights are eligible. See Info Brochures at Knights' House, School or Parish Office.

Katie, Fitzmikhail, and William won for their age groups at the District level.

CONGRATULATIONS TO ALL of our kids for competing so well in good sportsmanship, and to the Group Winners and District Champions. We wish them GOOD LUCK at Lincoln.

AND MANY THANKS to Bro. Bob DuBois for coordinating our involvement at all levels, and to Bros. Frank Olmes, Dan Swienton, and Brian Taglang for helping at the Feb 13th event.

MEMBERSHIP NEWS

This past month we had one transfer out of our Council: Bro. Jimmy Collins.

And **CONGRATULATIONS** to our Brothers who completed their **2nd & 3rd Degree Exemplifications** on Feb. 20th: Matt Golis, Jim Avery, Tommy Thompson, Corey Stanhope, Tony Martin and Andy Gutierrez.



A REMINDER that the next **4th Degree Exemplification** will be held at the Doubletree in Sacramento over the April 10th weekend.

If you made your 1st Degree before

Oct. 10th last year and have progressed to 3rd Degree, you are eligible to become a 4th Degree Knight. If you are already a 4th Degree you may attend as well. Please contact Bro. Brian Taglang, 745-3608 or btaglang@sbcglobal.net, if you wish to progress to that degree or attend the ceremonies.

KNIGHT'S SOUP KITCHEN !!!

Did I get your attention? No, we didn't start a "Soup Kitchen". Although with all the cooking and serving talent we seem to have in our Council these days, I keep saying we should open a Bistro! As we have the last several years, we sponsored a night of the Parish Friday Lenten Soup Suppers at St. Dominic's. With the leftover crab we froze from our wonderful Crab Feed, we offered parishioners who attended the Feb. 19th Friday night Stations of the Cross a delicious Crab Bisque at the "fasting supper" that followed. And for those not into crab, an equally delicious vegetable soup. The monetary donations that were collected as part of the Lenten fasting and almsgiving theme of these suppers (@ \$160 in this case) are normally used by the parish to help defray the sponsoring group's food expenses for the supper, with the remainder going to the charitable endeavors of the parish. We have opted to decline that reimbursement and have



added a \$120 donation of our own in the spirit of Lenten almsgiving. Many thanks to those Brothers who helped set-up and clean-up the hall, who cleaned the crab the night before, and who helped in the kitchen: PGK and our current Trustee Yr.3 Duane Fey, our Worthy Grand Knight James Gillum, Joe Thurin, Jim Avery, our Outside Guard Scott Roth, our Deputy GK Tim Wade, and Jim Peters.

REMEMBER YOUR BROTHERS!!!

IT IS WITH GREAT SADNESS THAT WE mourn the loss of our dear **Bro. Ed Tierney**, that enigmatic little Irish tenor who brightened many a parish and Knight event in his heyday with his melodic tunes and warm, friendly manner, and our **Bro. Ron Gagliardini**, who had transferred into our Council a few months ago. Both gentlemen passed over to their eternal reward in early February. **May their souls and the souls of all the faithful departed rest in peace. Amen.**

Remember those who need our prayers in their current life challenges:

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| George Brigham | Leroy Howell, Jr. |
| Rich Christiansen | Robert Langston |
| Cliff Donley | Don Thurin |
| Dennis Garvey | Al Thurlo |
| James Gillum | Tommy Thompson |
| Russ Ho | Fr. Pat, Fr. Tony |

And this month's Birthday Boys - did they come in as MARCH "Lion" cubs? HAPPY BIRTHDAY Guys!!!!

- | | |
|--------------------|-----------------------|
| 1 - Paul Brighton | 20 - Leroy Howell Jr. |
| 3 - Tim Manning | 23 - Victor Salting |
| 5 - James Wong | - Don Thurin |
| 10 - Bart Sullivan | 31 - Gene Wilson |

PRAYING THE ROSARY

(continued from last month's newsletter)

Article 3: The Mysteries of the Rosary

Each decade of the Rosary is assigned a specific event from the life of Jesus and Mary for contemplation during the repetition of the prayers of the decade. It is not completely clear how this part developed. But we do know that in 1569, St. Pope Pius V, himself a Dominican, issued an apostolic letter establishing 15 specific events, in 3 sets of 5 each, as the official, Church-authorized version of the Holy Rosary. The first five events or mysteries were designated as the Joyous Mysteries because they commemorate the early, happy times in



Mary's life with Jesus. The next set of 5 commemorate the most sorrowful episodes in Jesus' and Mary's lives and so are called the Sorrowful Mysteries. And the third set naturally followed with the most glorious events and are called the Glorious Mysteries. This was the format in use for the next four centuries. In the year 2002, Pope John Paul II published an apostolic letter that added five more Mysteries to the original 15, making a total of twenty authorized Mysteries. These are called the Luminous Mysteries or "The Mysteries of Light," and focus on Jesus' public ministry.



While there are those who pray all 20 decades of the Rosary every day, especially in some religious orders, more commonly the practice is to pray one of the 4 sets of 5 Mysteries a day. And to that end, there is a recommended assignment of which set of Mysteries to pray on which day of the week. Usually all in one period



of time, or they can be broken up throughout the day any way you want. The main thing is to pray the Rosary, often, meditating on each mystery in turn. How you break it up or put it together, whether you say it alone or with others, that's up to you.

The Joyful Mysteries (normally prayed on Mondays and Saturdays)

1. The Annunciation to Mary
2. The Visitation to Elizabeth
3. The Birth of Jesus

4. The Presentation at the Temple
 5. The Finding of Jesus in the Temple
 The Luminous Mysteries (normally prayed on Thursdays)

1. The Baptism in the Jordan
2. The Wedding at Cana
3. The Proclamation of the Kingdom
4. The Transfiguration
5. The Institution of the Eucharist

The Sorrowful Mysteries (normally prayed on Tuesdays and Fridays)

1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion and Death

The Glorious Mysteries (normally prayed on Wednesdays and Sundays)

1. The Resurrection
2. The Ascension
3. The Coming of the Holy Spirit
4. The Assumption of Mary
5. The Coronation of Mary



There are many aids to praying the rosary available online and through religious suppliers and bookstores, as well as in the literature racks and resources at your local church. We've got some at the Knight's House as well. They usually contain the Gospel references to remind you of the details of each event, as well as possible lessons from the event to reflect on. The KofC.org website has such aids as well (just search on "Rosary").

Next time, "The Prayers of the Rosary"