

Katrina G. Cooper

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SUMMARY

- Dependable, dedicated and trustworthy
- Excellent organizational and time management skills
- Experiential understanding of multi-cultural communities that are economically challenged
- Resonate well with youth and elderly in work settings

WORK EXPERIENCE

Enumerator: U.S. Census Bureau, Benicia, CA 2010

- Located and visited addresses from which the Census Bureau did not receive questionnaires by Census Day, April 1, 2010
- Interviewed an adult household member at each address in order to complete an Enumerator's Questionnaire on the people living there on Census Day

Receptionist: Aegis Senior Communities, Moraga, CA 2007-2009

- Occasionally led group activities, greeted families, interacted with residents
- Answered phones and delivered mail

Personal Assistant: Orinda, CA 2007-2008

- Enhanced the lifestyle of a woman with macular degeneration (disease of the eye causing blindness) by walking her, reading to her, taking her on errands, and driving her to doctors' appointments

Dining Room Server: San Damiano Retreat Center, Danville, CA 2006-2007

- Served 100-150 people at each meal
- Assisted cooks with meal preparation
- Built good rapport with Hispanic co-workers and retreatants

House Manager, Shepherd's Gate (Christian Women's Shelter), Livermore, CA 2005

- Supervised 20-30 women and their children with various house chores, and their daily schedules
- Led Bible Study
- Mediated conflict resolution between women, children and families
- Assisted with early alcohol and drug intervention by conducting drug tests and reality testing

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Marriage/Family Counselor-in-Training: Catholic Charities, Oakland, CA 2002-2003

- Acquired counseling experience with individuals who were mentally and economically challenged
- Facilitated the acquisition of life skills when facing emotional distress and relationship struggles
- Instilled hope by encouraging clients to develop a deeper faith through meditation, prayer and forgiveness

Child Care Worker: Drake House (Girls Group Home), Pleasant Hill, CA 1999-2000

- Monitored chemical dependency issues and conflicts between residents
- Advocated for girls' educational and career goals

EDUCATION AND TRAINING

Master of Arts in Counseling, MFT concentration, Saint Mary's College, Moraga, CA

Activity Director/Social Service Designee Certification, Chabot College, Hayward, CA

Alcoholism Studies Certification, California State University, Sacramento, CA

Bachelor of Science in Psychology, University of Texas, Austin

VOLUNTEER ACTIVITIES

Workshop Facilitator, Teacher, Counselor, Zambia, Africa: Taught youth AIDS awareness; conducted workshops on *Restoration Therapy*, Meditation and self-care techniques for home health workers and teachers of street kids; used Play Therapy with puppets for healing grief in children who suffered loss of parents to AIDS

Patient Escort: escorted patients to doctors' appointments and took them on nature walks; co-led groups that addressed life and death issues with a spiritual emphasis at Mildmay, an AIDS charity hospital in London, England

ADDITIONAL COMMENT:

The combination of my experience with the impoverished African people who embrace graciousness beyond words and the cultural re-entry into an opulent and ungrateful American culture dramatically altered my perspective on life. The change in me still resonates in my soul such that I know what really matters to me. This enabled me to be open to the need of a father of two young children who was dying of kidney failure. As a result of donating a kidney to this man, I was physically incapacitated by surgical complications for two years. The suffering I experienced from this left me feeling very vulnerable and unable to resume my counseling career until this time.