

Catholic Lenten Calendar

Daily Scripture and Reflections for the Sacred Season

2010

Wednesday

Thursday

Friday

Saturday

**17 FEBRUARY
Ash Wed.**

This Lent, God wants us to quietly listen to the words of his Son.

Matt. 6:1-6, 16-18

18 Letting Go

In following Christ, the goal is not success, but self-denial and submission.

Luke 9:22-25

19 Who do you serve?

When we follow Jesus, he leads us to love our neighbor as ourselves.

Isaiah 58:1-9

20 Feast

Celebrate in God's presence: gather your friends and eat your fill.

Luke 5:27-32

Sunday

Monday

Tuesday

21 Listen

Jesus speaks the truth in our hearts. Let us respond to it in word and deed.

Romans 10:8-13

22 With Experience

God reveals himself in relationship, not in duty or rumor.

Matthew 16:13-19

23 The Spirit Speaks

Thank you, Jesus, for giving us words to pray when we have none.

Matthew 6:7-15

24 Comfort

It hurts to admit our faults, but confession and forgiveness are the balms that soothe.

Psalms 51

25 Our Model

God is always giving himself up for us, providing whatever we need to find him.

Matthew 7:7-12

26 What He Asks of Us

God is not glorified in selfish sacrifices, but in charity toward others.

Matthew 5:20-26

27 A Holy People

When we aim at what is right, God guides our paths to pure targets.

Deut. 26:16-19

28 Look Up

Imitate models of faith—Christ, the saints and those who are living the gospel.

Phil. 3:17-4:1

**1 MARCH
A Bargain**

Holding on to guilt can be painful. Let's trade it in for mercy.

Luke 6:36-38

2 Rabbi

Your Word, O God, is the greatest teacher. From it, we find all truth.

Matthew 23:1-12

3 Divine Sacrifice

Jesus was exalted in his humility and glorified in his suffering.

Matthew 20:17-28

4 Charity

May we share what we have with the poor and hungry, the sick and lonely.

Luke 16:19-31

5 Egypt's King

For strength in times of adversity, look to Joseph, sold as a slave.

Gen. 37:3-4, 12-28

6 Come Home

Much distracts us from following God, but the lost may always return.

Luke 15:1-3, 11-32

7 Gardening

Heavenly Lord, help us to not remain dry and barren this year, but bear much fruit instead.

Luke 13:1-9

8 Simplicity

Lent may not shine with Easter miracles, but it holds little acts of love.

2 Kings 5:1-15

9 Each and Every Time

Look not at one's debts, but at the contrition or mercy he/she shows.

Matthew 18:21-35

10 He is Timeless

God's wisdom is holy and true, no matter how old or new it might seem.

Matthew 5:17-19

11 More Powerful

Be not afraid: the Lord, who casts away demons, is our strength.

Luke 11:14-23

12 Priceless

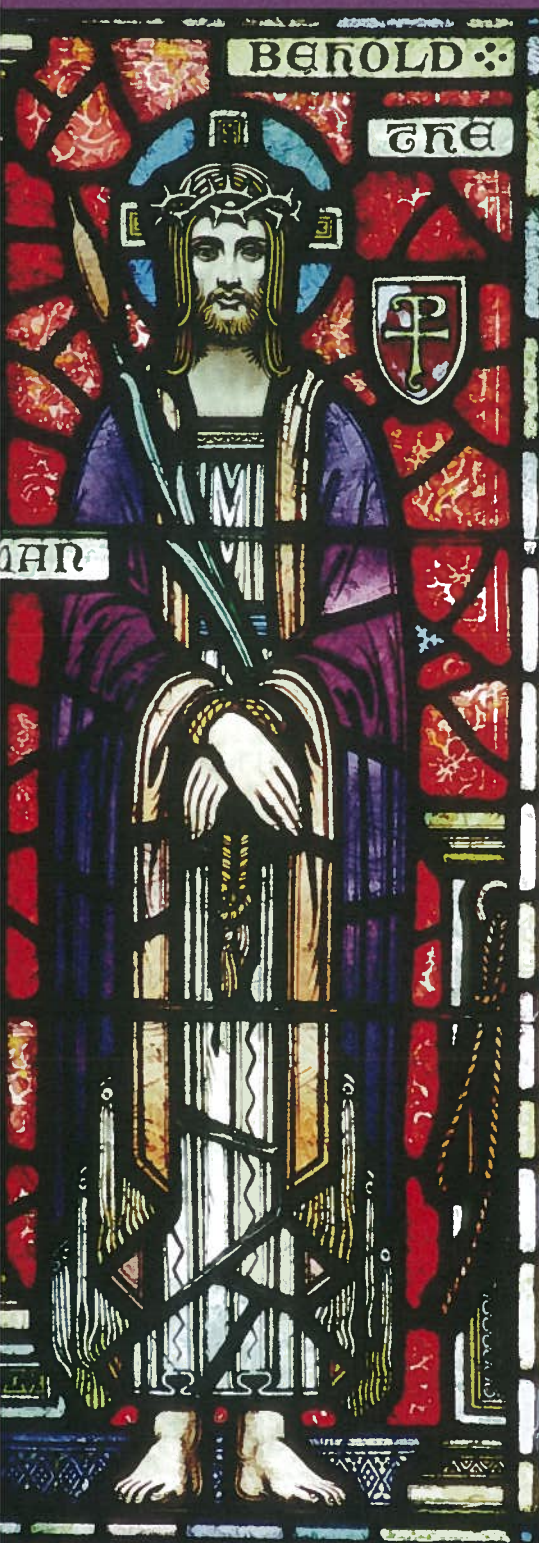
Nothing carries more value than this: to care for the least of God's children.

Mark 12:28-34

13 Bowing

As Jesus humbled himself to come to us, so must we humbly approach our God.

Luke 18:9-14



St. Dominic's Church

Lent 2010

Ash Wednesday Masses
7am; 8:15am, 9:15am,
12:15pm (prayer service), 7pm

Stations of the Cross
Fridays at 6:15pm in the Church
followed by Soup Supper in the
Parish Hall

Parish Reconciliation Service
Tuesday, March 23 at 7pm

The Paschal Triduum
Tenebrae-Holy Thursday, Good Friday
and Holy Saturday at 8:15am
(There are no morning masses
during the Triduum)

Holy Thursday
The Mass of the Lord's Supper
7pm followed by Reposition of the Blessed
Sacrament until 12midnight in Parish Hall

Good Friday
The Celebration of the Lord's Passion
12noon-2pm The 7 Last Words of Christ
2-3pm Veneration of the Cross/Communion
4-6pm Spanish Stations of the Cross,
Reflection and Prayer
7pm Liturgy of The Passion of Our Lord

Easter Vigil (Holy Saturday)
8pm

Easter Sunday
6am at St. Dominic's Cemetery
7:30am Church
9am and 11am Church and Hall
12:30pm Bilingual in Church
3pm Vietnamese Mass in Church

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

14 The Best You Can Be

Reconcilia-
tion is a way to
become an up-
graded version
of ourselves.

2 Cor. 5:17-21

15 Story Time

Gather your
family and share
a time when the
Lord filled you
with life and joy.

Psalm 30

16 Unity

All God's people
come together
under one
baptism in the
name of the
Trinity.

Ezekiel 47:1-9, 12

17 Salvation Appearing

When we
reflect on Jesus'
resurrection, his
divinity is clear.

John 5:17-30

18 Local Witnesses

May our small
acts of peni-
tence testify
to the truth of
God's mercy.

John 5:31-47

19 St. Joseph

If we listen to
the Spirit of
God in prayer, it
will lead us to a
higher calling.

Matt. 1:16, 18-21, 24

20 Viewpoint

Worry not about
where someone
has come from,
but where he is
going.

John 7:40-53

21 Repent

Surrounded
by critics? Turn
from sin, and Je-
sus will restore
your dignity.

John 8:1-11

22 The Word of God

God's message
is always the
same: "Be not
afraid. I am with
you."

Psalm 23

23 Declaring to All

In his rising to
heaven, Jesus
professes his
glorious name
to the world.

John 8:21-30

24 Cheer

The Father
smiles when we
yearn to please
him with love
and obedience.

John 8:31-42

25 Annun- ciation

Jesus is our sac-
rificial lamb, the
Son who takes
away all sin.

Hebrews 10:4-10

26 Definition

Holiness isn't
in avoiding the
threat of evil,
but in trusting
the power of
good.

Jeremiah 20:10-13

27 Ultimate Sacrifice

Caiaphas said,
"From the death
of one man, all
are united in
God's name."

John 11:45-56

28 Palm Sunday

Though we, too,
will die some-
day, Jesus gives
us hope in new
life.

Philippians 2:6-11

29 Courage

The reality of
the crucifixion
is frightening,
but Christ knew
God was with
him.

Psalm 27

30 Contrite Hearts

Show us how
we betrayed
you, Lord, so we
can admit our
guilt.

John 13:21-38

31 A Bitter Cup

Jesus' suffering
began with the
betrayal of
Judas Iscariot,
one of his own.

Matthew 26:14-25

The Paschal Triduum

from Holy Thursday evening
through Easter Sunday evening

HOLY
THURSDAY

Join in the
Banquet

When you are
full of compas-
sion for another,
feast in the
divine overflow-
ing.

1 Cor. 11:23-26

GOOD
FRIDAY

Never
Betrayed

We flee and
hide and deny
our God, but
today we are
redeemed by
his Son.

John 18:1-19:42

EASTER
VIGIL

Looking for
God?

Seek the Lord
where he can be
found: with his
people, among
the living.

Luke 24:1-12

Traditional Lenten Disciplines

Fasting & Abstinence: Catholics aged 14 and older abstain from meat on Ash Wednesday, Good Friday and all the Fridays of Lent. In addition, on Ash Wednesday and Good Friday, Catholics from age 18-59 fast, limiting themselves to one full meal and two smaller meals each day.

Prayer: Catholics are encouraged to pray more during Lent, especially with Scripture. Lent is also an ideal time to receive the Sacrament of Reconciliation in preparation for the celebration of Christ's Passion, Death and Resurrection.

Almsgiving: Moved by the sacrifice of Christ, many Christians combine almsgiving with fasting, giving to the poor the money they saved by eating, drinking or buying less as they rely more upon God's abundant grace.